The 20th Annual International Meeting of the Academy of Breastfeeding Medicine

Los Angeles
October 15–18, 2015

The 20th Annual International Meeting presented by the Academy of Breastfeeding Medicine will feature world-class speakers providing cutting-edge research and clinical information on current issues in breastfeeding medicine, spanning both maternal and child health issues.

This year’s meeting is an ideal context for physicians, registered nurses, and other health professionals to continue their professional education in a highly respected, stimulating environment, while earning continuing education credits. The one-day pre-conference course, “What Every Physician Needs to Know About Breastfeeding,” will once again be offered to all health professionals on Thursday, October 15.

Following a full day of sessions for ABM members and other physicians on Friday, October 16, physicians, registered nurses, lactation consultants, midwives, and other health professionals will come together on October 17 and 18 with the goal of stimulating collaborative learning.

This year’s meeting with innovative workshops will provide interactive and novel approaches to common breastfeeding challenges in clinical practice and a chance to address “hot-button” or evolving issues that are newly recognized.

We look forward to seeing you in October.

Jointly provided by

In Partnership with
American Academy of Pediatrics
The American College of Obstetricians and Gynecologists
20th Annual Meeting Objectives
At the conclusion of this Meeting, participants should be able to:
1. Describe the anatomy and physiological mechanisms of infant suckling
2. Manage medically indicated supplementation of the breastfed newborn according to the evidence
3. Describe the influence of breastfeeding in the development of allergic disease
4. Recognize universal challenges in breastfeeding across cultures
5. Contrast the pros and cons of becoming a Baby-Friendly Institution
6. Contrast the early white matter development between breastfed and non-breastfed infants
7. Predict and prepare for legal pitfalls in the practice of breastfeeding medicine
8. Manage medications and marijuana use in the breastfeeding mother according to current evidence and regulations
9. Demonstrate the importance of the first months after birth to be considered as a “fourth trimester” for both the mother and the baby

Can’t attend? Contribute instead!
Though you may not be able to attend our Meeting this year, we hope that you will still support our mission by making a contribution to ABM. Among the options, you can support an international conference participant. As a thank you, we will recognize your generosity in the final Meeting program and in our official peer-reviewed journal Breastfeeding Medicine.

For more information about donating to ABM, visit our website: www.bfmed.org

The 20th Annual International Meeting of the Academy of Breastfeeding Medicine
Friday, October 16 (Physician-Only)
7:00–8:00 am Continental Breakfast
8:00–8:15 am Opening Remarks
Christopher L. Wade, MD, MPH (Conference Chair)
Southern California Permanente Medical Group
Regional Administration Systems Solutions & Deployment
8:15–9:15 am Breastfeeding Research Hit Parade - 2015
Arthur I. Eidelman, MD, FABM
Shaare Zedek Medical Center
Hebrew University School of Medicine, Jerusalem, Israel
9:15–10:15 am The Mechanics of Breastfeeding: Does the Baby Suck or Suckle?
Michael William Woolridge, B.Sc, D. Phil
University College London, Institute of Child Health
10:15–10:45 am Break with Abstracts and Exhibits
10:45–11:30 am Role of Breast Milk Immunologic Factors in Development of Food Allergy in the Infant
Kirsi Jarvinen-Seppo, MD, PhD
University of Rochester School of Medicine and Dentistry
11:30–12:15 pm Weight Loss Nomograms for Exclusively Breastfed Newborns Delivered Vaginally and by Cesarean
Valerie J. Flaherman, MD, MPH
University of California San Francisco
12:15–1:30 pm Lunch
1:30–2:15 pm Beyond Baby Friendly, Thinking Out of the Box
Jane Morton, MD, FABM
Stanford University
2:15–3:00 pm Influence of Breastfeeding and Early Infant Nutrition on Brain Development
Sean Deoni, PhD
Children’s Hospital, Colorado
3:00–3:30 pm Break with Abstracts and Exhibits
3:30–4:30 pm Podium Research Presentations
4:30–5:30 pm ABM ListServe – Live!
Pamela D. Berens, MD, FABM
University of Texas Health Science Center, Houston, Texas
Anne R. Eglash, MD, FABM
University of Wisconsin Medical School
Christina M. Smillie, MD, FABM
Breastfeeding Resources, New Haven, CT
6:00–6:30 pm Opening Reception
6:30–9:00 pm Annual Banquet
Saturday, October 17 (All-Conference)
7:00–8:00 am Continental Breakfast
8:00–8:15 am Opening Remarks and Introduction of the Tenth Annual Founders’ Lecture
Ruth A. Lawrence, MD, FABM
University of Rochester Medical Center, New York
8:15–9:00 am Tenth Annual Founders’ Lecture
Lynn E. Bell, Esq.
9:00–9:30 am Panel Discussion Following Founders’ Lecture
Lynn E. Bell, Esq.
"What Every Physician Needs To Know About Breastfeeding"

Course Director
Joan Younger Meek, MD, MS, RD, IBCLC, FAAP, FABM
The Florida State University College of Medicine, Tallahassee, FL

Moderator/Co-Directors
Nancy E. Wight, MD, IBCLC, FABM, FAAP
Sharp Mary Birch Hospital for Women and Newborns, San Diego, CA

Victoria Nichols-Johnson, MD, FACOG, FABM
Southern Illinois University School of Medicine, Carbondale, IL

7:50–8:00 am OPENING REMARKS
Joan Younger Meek, MD, MS, RD, IBCLC, FAAP, FABM
Associate Dean, Graduate Medical Education
Professor, Clinical Sciences
The Florida State University College of Medicine

8:00–8:30am Why Breastfeed? Risks of Not Breastfeeding
Miriam H. Labbok, MD, MPH, IBCLC, FACPM, FABM, FILCA
Founder, Past President and Board Member, Academy of Breastfeeding Medicine; Department of Maternal and Child Health, Gillings School of Global Public Health, The University of North Carolina at Chapel Hill

8:30–9:00am The Process of Breastfeeding: Anatomy & Physiology
Natasha Sriman, MD, MPH, FABM – Moderator
Children’s Hospital of The King’s Daughters

Tomoko Seo, MD, FABM – Japan
Hoshigaoka Maternity Hospital

Elien Rouw, MD, FABM – Germany
Well-Baby Clinic

Rachel Musoke, MB, ChB, MMed, FABM – Kenya
University of Nairobi

Yvette Piovanetti, MD, FABM – Puerto Rico
University of Puerto Rico School of Medicine

6:00–7:30 pm Seventh Annual Summit: Debriefing and Reception
Ruth A. Lawrence, MD, FABM (Chair)
University of Rochester Medical Center, New York

Cynthia R. Howard, MD, MPH, FABM (Co-Chair)
Associate Professor of Pediatrics
University of Rochester School of Medicine and Dentistry

Sunday, October 18 (All-Conference)

7:00–8:00 am Continental Breakfast

8:00–8:45 am Breastfeeding, the Environment & the Infant Gut Microbiome
Christine Cole Johnson, PhD, MPH
Henry Ford Hospital & Health System, Detroit

8:45–9:45 am Embodied Experiences of Breastfeeding: When Social Space, Power, Identity and Services Make a Difference
Danielle Groleau, PhD
McGill University, Montreal

9:45–10:30 am Establishing the Fourth Trimester
Alison M. Stuebe, MD
University of North Carolina School of Medicine

10:30–11:00 am Break with Abstracts and Exhibits

11:00–11:30 am Milk and Marijuana – ‘First Do No Harm’
Lisa Spellwagen, MD
UC San Diego Medical Center

11:30–12:35 pm To Be or Not to Be Baby Friendly: Point Counterpoint
Edward R. Newton, MD, FABM – Moderator
East Carolina University

Ruth A. Lawrence, MD, FABM
University of Rochester Medical Center, New York

Lawrence Gartner, MD
The University of Chicago, Emeritus

12:35 pm Closing Remarks and Adjournment
Wendy Brodribb, MBBS, PhD, FABM
President, Academy of Breastfeeding Medicine
October 15–18, 2015

Pre-Conference Course Program

Los Angeles • October 15–18, 2015

Thursday, October 15

7:50 am – 5:30 pm

5:30 pm  Pre-Conference Course Adjourns

Joan Younger Meek, MD, MS, RD, IBCLC, FAAP, FABM

5:00–5:30 pm  Resources and Strategies to Train Others

The Use of Breastfeeding Technology

The Breastfeeding Friendly Office Practice

(Rotate every 30 minutes through each station)

2:50–4:50 pm  INTERACTIVE BREASTFEEDING CASES

(Rotate every 30 minutes through each station)

Preconception/Prenatal Care

Alicia Dermer, MD, IBCLC, FABM

Rutgers Robert Wood Johnson Medical School

The Breastfeeding Friendly Office Practice

Rose St. Fleur, MD, FAAP, IBCLC

Medical Director, Center for Breastfeeding

Jersey Shore University Medical Center

Sore Nipples/Sore Breasts

Anne Eglass, MD, IBCLC, FABM

University of Wisconsin School of Medicine and Public Health

The Use of Breastfeeding Technology

Sandra Sullivan, MD, FAAP, IBCLC

University of Florida College of Medicine

5:00–5:30 pm  Resources and Strategies to Train Others

Joan Younger Meek, MD, MS, RD, IBCLC, FAAP, FABM

The Florida State University College of Medicine

5:30 pm  Pre-Conference Course Adjourns

Course Objectives

At the conclusion of this course, participants should be able to:

1. Describe the role of the physician in breastfeeding support
2. List benefits of breastfeeding for mothers and children
3. Describe physiologic control of milk production
4. Assess adequacy of milk production
5. Describe hospital policies which support optimal breastfeeding
6. Promote skin-to-skin and assess infant positioning and latch
7. Evaluate and manage common infant and maternal complications
8. Provide a differential diagnosis of sore nipples and breast lesions
9. Implement breastfeeding-friendly policies in clinical practice
10. Describe resources to teach health care providers about breastfeeding

11:45–12:15 pm  Breastfeeding and Maternal Medications

Amy E. Evans, MD, FAAP, FABM

Center for Breastfeeding Medicine

UCSF Fresno Medical Education Program

12:15–12:45 pm  Breastfeeding the Late Preterm Infant

Eyla G. Boies, MD, FABM, FAAP

Clinical Professor of Pediatrics, UCSD School of Medicine

12:45–1:45 pm  LUNCH (Provided)

1:45–2:15 pm  Managing Maternal Complications

Lauren Hanley, MD, FACOG, IBCLC

Harvard Medical School

Massachusetts General Hospital

2:15–2:45 pm  Managing Infant Complications

Nancy Wight, MD, IBCLC, FABM, FAAP

San Diego Neonatology, Inc.

Sharp Mary Birch Hospital for Women and Newborns

2:45–3:15 pm  Breastfeeding and Maternal Medications

Amy E. Evans, MD, FAAP, FABM

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3:45–4:15 pm  Lunch (Provided)

4:15–5:15 pm  INTERACTIVE BREASTFEEDING CASES

(Complete every 30 minutes through each station)

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Joan Younger Meek, MD, MS, RD, IBCLC, FAAP, FABM

The Florida State University College of Medicine

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Register Today

Registration Option (Please check all that apply)  Early Bird  2015 Rates (by 8/15/15) (after 8/15/15)

Physician and All-Conference Meeting (October 16–18)

☐ ABM Members  ☐ $775  ☐ $850

☐ Non-Members  ☐ $895  ☐ $995

☐ Students/Resident Members  ☐ $175  ☐ $175

☐ Students/Resident Non-Members  ☐ $200  ☐ $200

All-Conference Meeting (October 17–18)

☐ Non-Physician Health Professionals  ☐ $375  ☐ $425

Other Activities

☐ Course: WEPNTK (Oct. 15)  ☐ $120 ($50 Student)  ☐ $150 ($50 Student)

☐ Additional Friday banquet ticket (Oct. 16)  ☐ $70  ☐ $70

Conference Syllabus

☐ Electronic Drive  ☐ No charge  ☐ No charge

Print Copy ($55 ea)  ☐ WEPNTK  ☐ Physician  ☐ All-Conference

Contributions (see website for more information)

☐ International Participant Travel Support $_____________

☐ Friends of the Academy $_____________

☐ Maurice Rosefelt Scholarship Fund $_____________

Total: $_____________

Payment Options:

☐ Enclosed is my check/money order for $_____________

☐ Charge $_____________ to Credit Card:

☐ Visa/MasterCard  ☐ American Express  ☐ Discover

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Signature __________________________ Date ______

Conference Registration Information

Name, Degree(s) __________________________

Title __________________________

Department __________________________

Affiliation/Organization __________________________

Medical Specialty __________________________  License # __________

Address __________________________

City _______ State/Province ______ Zip/Postal Code ______

Country __________________________ Email* __________________________

Special Dietary Needs __________________________

List your top 3 workshop choices in order of preference:

1. __________________________

2. __________________________

3. __________________________

Please send me information on:

☐ ABM Membership  ☐ Donating to ABM

☐ Sponsorship  ☐ Exhibiting

☐ Subscribing to Breastfeeding Medicine

☐ Advertising in Breastfeeding Medicine

☐ American Academy of Family Physicians (AAFP)

☐ American Association for Public Health (APHA)

☐ Academy of Breastfeeding Medicine (ABM)

☐ International Lactation Consultant Association (ILCA)

☐ Medical Group Management Association (MGMA)

☐ Academy of General Internal Medicine (AGIM)

☐ American Academy of Pediatrics (AAP)

☐ American College of Obstetricians and Gynecologists (ACOG)

☐ American Medical Association (AMA)

☐ Suburban Women’s Health Organization (SWHO)

☐ Other (please specify) __________________________

*Registrations will not be processed without a valid e-mail. All e-mail addresses will be kept confidential. Submit registration form by mail: 140 Huguenot Street • New Rochelle, NY • 10801 Phone: (914) 740-2115, fax: (914) 740-2101, or register online at www.bfmed.org

Cancellation policy: Written cancellations received prior to August 15 for the ABM Member and Physician Meeting will receive a refund, less a $150 processing fee (or less a $50 processing fee for the All-Conference Meeting). Cancellations after this date are non-refundable; however, substitutions from the same organization are welcome. If, for any reason, this conference is cancelled, the Academy of Breastfeeding Medicine is not responsible for covering airfare, hotel, or other costs incurred by conference registration.
A Cultural Competency Workshop for Maternal Child Healthcare Providers
Kristin Stewart, BS, CCLC; Barbara O’Connor, RN, BSN
Cultural competence is a critical component to providing appropriate individualized care for mothers and babies in the healthcare setting. One of the key elements to developing cultural competence is to raise cultural awareness. Cultural awareness is the primary building block and without it healthcare providers would be unable to build the skills and attitudes necessary for cultural competence. In creating a cultural competence workshop it is critical to establish the current awareness of the group without shaming or “outing” participants and their cultural views. By making participants aware of their own culture and their individual cultural awareness we can build from there to further expand and educate them on culture that differs from their own, often in ways unseen and unexpected by the participants.

Addressing Breastfeeding Support in the Urban Primary Care Setting
Deborah A Sandrock, MD; Sara Kietzman, RN
The primary care setting in an urban environment most frequently involves vulnerable communities challenged by racial inequities. Special challenges exist for the breastfeeding mother in this setting. In many cases, she is a young, single woman with poor access to healthcare and little to no family support for breastfeeding. Therefore, healthcare providers are confronted with the unique opportunity in providing not only routine healthcare but also the breastfeeding guidance for something that “we want for them” when we are not always sure “how to make it work for them”. This workshop is based on the breastfeeding challenges encountered in clinical practice for the urban underserved.

How to Find or Develop a ‘Breastfeeding Friendly’ Training Program
Karen Bodnar, MD; Sandra Sullivan, MD; Meredith Mowitz, MD; Susan Crowe, MD
The workshop will include discussion by presenters from several specialties of the unique challenges that lactating residents face and tools to evaluate a specific residency program’s ability to train breastfeeding friendly residents. The workshop will focus on developing a program and tools to create breastfeeding medicine interest groups, and breastfeeding physician support groups.

Management of Induced Lactation and Relactation
Anne Eglash, MD, FABM; Pamela Berens, MD, FABM
In this workshop we will discuss a variety of management strategies to help mothers induce lactation. We will review maternal health and psychosocial factors that play a role in coordinating a plan of care for each mother. We will also review patient education needed for these mothers.

Appropriate Use of Supplementation in the Breastfed Infant
Casey Rosen-Carole, MD, MPH
The workshop will consist of a learner-centered case-based analysis of the issues involved in evaluation and management of a breastfed infant with poor weight gain.

Skin-to-Skin at C-Section: Safe Implementation Using Lean Management Principles
Susan Crowe, MD, FACOG; Bethan Faulkner, DrNP; Heather Freeman, RN, MS
The workshop will consist of a learner-centered case-based analysis of the issues involved in evaluation and management of a breastfed infant with poor weight gain.

Educational Advocacy in Breastfeeding Medicine – A Roundtable Discussion
Alla Gordina, MD; Ellen Rouw, MD, FABM; Katherine Leeper, MD, FABM
To broaden the reach of breastfeeding medicine (BFM) educational events (EE), typically limited to academic centers and/or lactation consultants’ organizations, this interactive workshop will be presented by a team of BFM advocates who will discuss the effective and affordable ways of preparing and conducting a wide range of BFM EE. Key materials will be disseminated among attendees.

Breastfeeding and the Perils of Malpractice
Lynn E. Bell, Esq. and Nancy Brent, MD
Follow-up discussion from our Tenth Annual Founders’ Lecture on site.

The Authoritative, Peer-Reviewed Journal that Enables Physicians to Better Understand the Complexities and Benefits of Breastfeeding
Created by physicians and dedicated to the advancement of breastfeeding worldwide, Breastfeeding Medicine answers the growing demand for high-quality, evidence-based research on breastfeeding and human lactation. The Journal focuses on all medical aspects of breastfeeding, explores the immediate and long-term outcomes of breastfeeding, and addresses the wide spectrum of research and clinical applications that impact optimal care of mother and infant.

Editor-in-Chief
Arthur I. Eidelman, MD, FABM
Share Zedek Medical Center
Hebrew University School of Medicine
Jerusalem, Israel

For complete journal details and to read a sample issue, visit www.liebertpub.com/bfm
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OCTOBER 15–18, 2015

Supported in part by W.K. Kellogg Foundation®

Register Today and Save!

“LA and its many cultures bring together a vibrant pulse for everyone who shares in our 2015 Annual International meeting.

The commitment of the whole southern California community is set on improving the sustainability of breastfeeding and a lifetime of total health for all.”

— Conference Chair, Christopher L. Wade MD MPH
Southern California Permanente Medical Group
Regional Administration Systems Solutions & Deployment

“Come join passionate and learned breastfeeding colleagues from around the world for our 20th Annual Academy of Breastfeeding Medicine Meeting in Los Angeles! We will be highlighting the experience of our Founders, delving into legal pitfalls in breastfeeding medicine, and of course sharing cutting-edge science. You won’t want to miss this spectacular meeting!”

— Conference Committee Chair, Julie Ware, MD, FABM
Cincinnati Children’s Hospital Medical Center

Here’s what our attendees have said:

“It gave me so many things that I can take back to my pediatric practice.”

“Evidence-based information that was practical in its application”