Conference Learning Objectives

Upon completion of the program, participants will be able to:

• Summarize current data that will facilitate the prevention, diagnosis, and management of diseases in women

• Identify evidence-based approaches to address the management of reproductive health issues, including indications for intrauterine and oral contraception, management of sexual dysfunction, ovarian and breast cancer screening, and evaluation of urinary incontinence, and management of post-obstetric fistulae

• Define practical strategies for assessing and promoting preventive health measures in women, including cardiovascular risk reduction, fracture risk reduction, and reduction of risk associated sexual behaviors

• Restate the evidence for health promotion and disease management in older women, using the elements of patient goals, functional status, and comorbidities as a framework for individualized decision making

• Define the impact of exposure to harmful environmental chemicals on reproductive health

• Describe the biological mechanisms and current evidence relating vitamin D and omega-3 fatty acids to a reduced risk of cancer and cardiovascular disease

• Interpret the biochemistry and pharmacology of bioidentical hormones and evidence available to guide use of bioidentical and compounded hormones

• State evidence-based approaches to the evaluation and management of common disorders in women, including insomnia, osteoporosis, anemia, skin disorders, diabetes, menopausal symptoms, and obesity

• Describe recent trends in cesarean birth and VBAC and factors that affect birth outcomes

• Apply guidelines for screening of women at increased risk for breast cancer and results using MRI, ultrasound, and other new technologies

• Employ recommendations for the diagnosis and management of somatizing and chronic pain patients

THURSDAY, MARCH 31

Concurrent Pre-Conference Activities*

AMWA Advocacy Day on Capitol Hill
7:00 – 9:30 am Continental Breakfast & Advocacy Training
10:00 am – 3:30 pm Visit to the Hill
3:30 pm – 4:00 pm Meeting with Legislators & Gallery Observation/Tours
4:00 pm – 5:00 pm Debriefing

Concurrent Session:
2:30 – 5:00 pm Towards a Better Understanding of the NIH Grant Process
Session presented by NIH ORWH

5:00 – 8:00 pm Conference Registration

Opening Reception

FRIDAY, APRIL 1

6:15 am Yoga (optional)
7:00 am Registration & Continental Breakfast
8:00 am Cesareans, VBAC, and Lessons Learned
Catherine Spong, MD
8:45 am Cardiovascular Risk Reduction in Women: Emerging Strategies
Karol Watson, MD, PhD
9:30 am Intrauterine Contraception: An Update
Raquel Arias, MD
10:15 am Break & Posters
10:45 am Environmental Toxins and Reproductive Health
Kirtly Parker Jones, MD
11:30 am HIV Prevention in Women: Integrating Research into Practice
Loretta Jemmott, PhD, FAAN, RN
12:15 pm Luncheon Presentation
Women’s Health: Putting Prevention First
Surgeon General Regina Benjamin, MD, MBA

*Please note that all pre-conference activities are non-CME/CNE.
1: The 19th Annual Congress

1:45 pm  THE VIVIAN PINN WOMEN’S HEALTH RESEARCH KEYNOTE LECTURE
Vitamin D and Omega-3s: Separating Fact from Fiction
JoAnn Manson, MD, DrPH

2:35 pm  Osteoporosis Management in Postmenopausal Women: Old Dilemmas & New Advances
Ethel Siris, MD

3:20 pm  Break & Posters

3:50 pm  Point Counterpoint: The Mammography Controversy
Wendie Berg, MD, PhD
Steven Woolf, MD, MPH
Moderator: Sarah Kobrin, PhD, MPH
Supported by the Behavioral Research Program at the National Cancer Institute

4:45 pm  Care of the Older Woman: Pearls & Pitfalls
C. Bree Johnston, MD, MPH

5:30 – 7:00 pm  CONGRESS POSTER RECEPTION – SESSION A

SATURDAY, APRIL 2

6:15 am  Yoga (optional)

7:00 am  BREAKFAST SYMPOSIUM
Health Care Reform: What Does it Mean for Women’s Health?
Dora Hughes, MD, MPH
Meena Seshamani, MD, PhD
Mary Wakefield, PhD, RN, FAAN
Supported by the US Department of Health and Human Services Office on Women’s Health

8:30 am  Staying Abreast: Recent Advances in Imaging
Wendie Berg, MD, PhD

9:15 am  Anemia in Women: Common Clinical Challenges
Thomas DeLoughery, MD

10:00 am  Break & Posters

10:30 am  Obesity Management in Women: Implications for Practice
Susan Yanovski, MD

11:15 am  Controversies in Ovarian Cancer Screening
Carol Brown, MD, FACS

12:00 pm  Luncheon

1:30 pm  THE TRUDY BUSH LECTURE
Biodentical Hormones: Just the Facts
Melissa McNeil, MD, MPH

2:15 pm  Urinary Incontinence: Never an Acceptable Consequence of Aging
Catherine Matthews, MD

3:00 pm  Break and Posters

3:30 pm  Sexual Disorders in Women: Current Controversies
Jan Shifren, MD

4:10 pm  What’s Hot in Menopause Management
Cynthia Stuenkel, MD, NCMP

4:50 pm  Diabetes in Women: Challenges in Management
Geralyn Spollett, MSN, ANP, CDE

5:30 – 7:00 pm  CONGRESS POSTER RECEPTION – SESSION B

6:15 am  Yoga (optional)

7:00 am  AMWA AWARDS GALA

SUNDAY, APRIL 3

6:15 am  Yoga (optional)

7:00 am  BREAKFAST SYMPOSIUM
Oral Contraception: Which Patient, Which Pill?
Raquel Arias, MD

8:30 am  Cosmetic Dermatology: What’s New, What’s True?
Ellen Marmur, MD

9:25 am  Maternal Complications in the Third World: A Report from the Front Line
Catherine Matthews, MD

10:15 am  Break

10:45 am  Sleep Disorders in Women: From Research to Bedside
Barbara Phillips, MD, MSPH

11:40 am  The Difficult Patient: Disordered or Just Different?
Robert C. Smith, MD, MS

12:30 pm  Adjourn

Please note that the schedule may be subject to change.
Women’s Health 2011: The 19th Annual Congress & Annual Meeting of AMWA

Accreditation

Physician Continuing Medical Education
Accreditation Statement
This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Postgraduate Institute for Medicine (PIM), BioConferences International, Inc., and Institute for Professional Education. PIM is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation
Postgraduate Institute for Medicine designates this educational activity for a maximum of 24 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing Continuing Education
Credit Designation
This educational activity for 24 contact hours is provided by Postgraduate Institute for Medicine.

Accreditation Statements
Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

California Board of Registered Nursing
This postgraduate nursing program is approved by the California Board of Registered Nursing, Provider Number 13485 for 28.8 contact hours.

AANP Accreditation
This activity, Women’s Health 2011: The 19th Annual Congress, with a beginning date of April 1, 2011, has been reviewed and is acceptable for up to 24.50 Prescribed credits by the American Academy of Family Physicians.

AANP Accreditation
This program is approved for 27 contact hours of continuing education (which includes 10.25 hours of pharmacology) by the American Academy of Nurse Practitioners. Program ID 1008268. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards. A statement of credit will be issued only upon receipt of a completed activity evaluation form and will be mailed to you within three weeks.

Disclosure of Conflicts of Interest: Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by PIM for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.

Hotel and Travel Information
The Congress will be held at the Crystal Gateway Marriott in Arlington, VA. A block of rooms is being held at the conference rate of $129 per night.

Hotel room reservations for the Congress can be made, changed, or modified via our dedicated booking website: https://resweb.passkey.com/go/womenshealth2011

You may also reserve your hotel room using the following dedicated reservation phone lines: 1-506-474-2009/ 1-800-266-9432. Please be sure to mention that you are attending the Women’s Health 2011 19th Annual Congress.

Reservations must be received on or before 5:00 PM, Tuesday, March 1, 2011.

On-site parking is available for a fee of $10 USD per night.

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Dulles Airport (IAD)
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Baltimore-Washington International (BWI)
Approximately 55 miles from the hotel.

Other Transportation:
Complimentary Airport Shuttle service
Alternate transportation: Metro (Subway) or Taxi

Driving Directions:
Please visit the Marriott Hotel Crystal Gateway website for directions:

Other Transportation:
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Crystal City (0.1 miles East of the Crystal Gateway Marriott).

Americans with Disabilities Act
Event staff will be glad to assist you with any special needs (ie, physical, dietary, etc). Please contact the conference organizer prior to the live event at 1-800-5-BIOCON.
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Keck School of Medicine
University of Southern California

Vice Admiral REGINA BENJAMIN, MD, MBA
Surgeon General of the United States

WENDIE BERG, MD, PhD
Study Chair
American College of Radiology Imaging Network
Lutherville, Maryland

CAROL BROWN, MD, FACS
Associate Attending Surgeon
Memorial Sloan-Kettering Cancer Center
Associate Professor of Obstetrics and Gynecology
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Counselor for Public Health and Science Policy
Office of the Secretary
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University of Pennsylvania School of Nursing

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Chief, Section of Women's Health
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University of Kentucky College of Medicine

MEENA SESHAMANI, MD, PhD
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Women’s Health 2011: The 19th Annual Congress
April 1–3, 2011
Crystal Gateway Marriott, Washington, DC

In collaboration with National Cancer Institute
NIH Office of Research on Women’s Health
and the American Medical Association

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Women’s Health 2011:
The 19th Annual Congress
and the Annual Meeting of AMWA

April 1–3, 2011

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