



Academy of Breastfeeding Medicine

APPENDIX I for FABM Application 2009

Guidelines for assignment of points, some examples given

This APPENDIX is complementary to the INSTRUCTIONS for FABM application (both are separate documents from the actual Application).

DISCLAIMER:

The scoring system is a guideline only and is not meant to be a rigid instrument. Guidelines for points are given in an attempt to make the Review Process as fair as possible and to give candidates a clear idea of what is expected in order for Fellowship to be awarded. Points awarded for various activities may be modified at the discretion of the Review Committee.

Basic Requirements are the following:

- 1. ABM membership in good standing for at least 5 full consecutive years immediately prior to Fellowship application**
- 2. Attendance at ABM Annual or Regional Conferences for the required 40 hours of ABM continuing medical education credits during the past 10 years - see INSTRUCTIONS for ABM Application)**
- 4. Additional 20 credits of continuing education, applicable to breastfeeding/human lactation (one credit per hour for ABM credits, 0.5 credits for other approved CME - see INSTRUCTIONS for ABM Application)**
- 5. Sufficient professional experience in the applicant's specific area(s) of breastfeeding medicine expertise - a total of 30 points is needed from the 5 categories, but not all 5 categories are required:**
 - A.) Clinical Care,**
 - B.) Teaching,**
 - C.) Research/Publications**
 - D.) Program Development**
 - E.) Advocacy/ Policy-Making/Program Development.**
- 6. The applicant is expected to be present at the Annual Conference to receive the award (unless extenuating circumstances prevent the applicant's attendance).**
- 7. Two letters of recommendation, see INSTRUCTIONS for ABM Application**

A. GUIDELINES FOR CLINICAL POINTS- PAST 10 YEARS

- 1.) Direct clinical care of breastfeeding newborns, inpatient or outpatient breastfeeding referrals and/or lactation clinic, general practice clinical time spent on breastfeeding:**

**Guideline: 20 hours per week for one year (1000 hrs per year)
would be worth 20 pts per year (or .02 point per hour)**

- 2.) Supervise or back-up of non-physician lactation practitioner**

**Guideline: 20 hours per week for one year (1000 hrs per year)
would be worth 20 pts per year (or .02 point per hour)**

- 3.) Other, please specify Points at discretion of the committee**

Examples for Clinical Points

a.) Clinical Practice in Family Practice, OB-GYN or Pediatrics: Clinical care (Approximately or average) 4 hours per week, 48 weeks per year, assisting pregnant or postpartum breastfeeding women and/or their babies with a variety of breastfeeding issues. 10 years: 1998-2008.

points would be: $4 \text{ hr} \times 48 \text{ wk} \times 10 \text{ yr} \times .02 = 38.4 \text{ points}$

It may be 1 hr one week and 6 hours the next and none the next etc.

b.) Director of Newborn Nursery, General Hospital or Maternity Hospital. Clinical care and teaching for (approximately or average) 4 hours per day for 4 months per year.

6 years: 2002-2008.

points would be: $4 \text{ hr} \times 30 \text{ days} \times 4 \text{ months} \times 6 \text{ yrs} \times .02 = 57.6 \text{ points}$

c.) NICU attending, General Hospital, Children's Hospital or Maternity Hospital. Approximately or average of (a) 20 hours per week, four months per year on clinical breastfeeding and (b) 30 hours per week six months per year on breastfeeding-related research and (c) 2 hours per month (all year) teaching about breastfeeding-related topics. 5 years: 2004-2008

points would be:

(a) $20 \text{ hr} \times 4 \text{ wks} \times 4 \text{ months} \times 5 \text{ yr} \times .02 = 32 \text{ points}$

(b) Calculations per research – see section “C” below.

(c) Calculations per teaching, see section “B” below.

d.) Private Practice General Surgeon, specialty in Breast Surgery and Pathology: Approximately or average of (a) 6 hours per week, 40 weeks per year, on clinical consults or surgery related to lactating breasts/breastfeeding and (b) 10 lectures per year re lactation/lactating breasts. 10 years, 1998-2008.

points would be:

(a) $6 \text{ hr} \times 40 \text{ wk} \times 10 \text{ yr} \times .02 = 48 \text{ points}$

(b) Calculations per teaching, see section “B” below.

Please note: the above specialties are listed only as examples; any ABM member who meets the necessary criteria may become a Fellow regardless of medical specialty.

B. GUIDELINES FOR TEACHING POINTS– PAST 10 YEARS

1.) Breastfeeding-related presentations to physicians/med students: one hour per month for 10 months in a year (10 hours) would be worth 5 points or 0.5 points per hour

(EXAMPLE: Someone who has 5 years of experience at this level would have 25 points of the 30 that are required)

2.) Breastfeeding-related presentations to other health professionals 0.2 points per hour

3.) Breastfeeding-related clinical teaching of residents or medical students: 0.02 point per hour (*these hours should not be used for BOTH clinical hours and teaching hours, but ONLY for one or the other*)

(EXAMPLE: 20 hours per week for one year (1000 hrs per year) would be worth 20 pts per year)

4.) Mentoring of students in breastfeeding-related activities:

Describe type & length of experience

Points at discretion of the committee

5.) Community based education or lectures to lay or public groups or articles in magazines and/or newspapers to promote and educate about breastfeeding

Points at discretion of the committee

6.) Other, please specify

Points at discretion of the committee

C. GUIDELINES FOR POINTS re RESEARCH/BREASTFEEDING-RELATED PUBLICATIONS IN MEDICAL LITERATURE – PAST 10 YEARS

[Research productivity will be judged according to published peer-review articles]

1.) Breastfeeding-related (medical) peer-reviewed articles.

(up to 5 points each at discretion of review committee)

2.) Medically-oriented breastfeeding book author, co-author, or editor.

(up to 5 points each at discretion of review committee)

- 3.) **Medical book chapters or review articles related to breastfeeding.**
(Up to 5 points each at discretion of review committee)
- 4.) **Breastfeeding-related newsletter articles, letters to the editor, case reports or similar works.**
(Up to 2 points each at discretion of review committee)
- 5.) **Other, please specify**
(Points awarded at the discretion of the review committee)

D. FOR BREASTFEEDING/HUMAN LACTATION:

Guideline: 20 hours per week spent on breastfeeding-related activities for one year (1000 hrs per year) would be worth 10 points per year (or 0.01 point per hour).

- 1) **Director of a new Hospital Lactation Program**
2. **Curriculum design for breastfeeding/lactation in a health professional college/university**
3. **National or regional health officer for development of a breastfeeding support plan for the area**
4. **other, please specify.**

E. ADVOCACY / POLICY –MAKING/ PROGRAM DEVELOPMENT for BREASTFEEDING/HUMAN LACTATION – PAST 10 YEARS (Elected or Appointed)

Guideline: 20 hours per week spent on breastfeeding-related activities for one year (1000 hrs per year) would be worth 10 pts per year (or 0.01 point per hour)

- 1) **Government /Ministry of Health/Medical School Office Holder**
- 2) **Representative of, Advisor to or Liaison to Government Office**

3) Founder, Office Holder or Representative to a National or International Breastfeeding Organization

4) Activities involving passage of breastfeeding legislation (including testimony)

5) Organizing regional or national or international conference(s)

6) Public Relations Activities (Radio, TV, etc).

7) Organizing/implementing a regional, national, or international charitable fundraising event for breastfeeding

8) Director of a new Hospital Lactation Program

(9) Curriculum design for breastfeeding/lactation in a health professional college/university

(10) National or regional health officer for development of a breastfeeding support plan for the area

(11) Other: (white papers, multi organizational planning, etc), please specify